

**SOUTHERN ILLINOIS UNIVERSITY
EDWARDSVILLE**

Pathway to Academic Success



**An Introduction to
Academic Support and Success**

Academic Support and Success

- ⑩ Succeeding in College
- ⑩ Achieving Results
- ⑩ Understanding Academic Programs and Expectations





Fact Check

True or False: College is a continuation of high school.

At the end of the first year of college, what is the average difference between a student's high school GPA and their college GPA?

- A .2
- B .5
- C .8
- D 1.5

Grade 11

	Monday	Tuesday	Wednesday	Thursday	Friday
Period 1 8:15-9:05	Physics (11)	College Prep	Physics (11)	Global & Community Action (11)	Physics (11)
Period 2 9:05-9:55	Pre-Cal (11)	Government & Politics (11)	Pre-Cal (11)	Government & Politics (11)	Pre-Cal (11)
Nutrition 9:55-10:10	NUTRITION				
Period 3 10:10-11:00	Performing Arts	English 11	Performing Arts	English 11	Performing Arts
Period 4 11:00-11:50	PE	Pre-Cal (11)	Elective	Pre-Cal (11)	PE
Lunch 11:50-12:30	LUNCH				
Period 5 12:30-1:20	English 11	Physics (11)	English 11	Physics (11)	English 11
Period 6 1:20-2:10	Government & Politics (11)	Elective	Government & Politics (11)	Elective	Government & Politics (11)
Period 7 2:10-3:00	Foreign Language (on line)	Foreign Language (on line)	Foreign Language (on line)	Foreign Language (on line)	Club Hour
3:05-4:05	PSAT or SAT Prep	AFTER SCHOOL ACTIVITIES*			

Time	Monday Aug 28	Tuesday Aug 29	Wednesday Aug 30	Thursday Aug 31	Friday Sep 1
8:00AM					
9:00AM					
10:00AM	CSE 115LR - A Lecture 10:00AM - 10:50AM Natural Science Complex 201	ENG 105LEC - L4 Lecture 9:30AM - 10:50AM Baldy Hall 118	CSE 115LR - A Lecture 10:00AM - 10:50AM Natural Science Complex 201	ENG 105LEC - L4 Lecture 9:30AM - 10:50AM Baldy Hall 118	CSE 115LR - A Lecture 10:00AM - 10:50AM Natural Science Complex 201
11:00AM				ENG 105LEC - L4 Lecture 11:00AM - 11:50AM Capen Hall 305	
12:00PM				CSE 199SR - B4 Recitation 12:00PM - 12:50PM Park Hall 145	
1:00PM					
2:00PM	CSE 113LR - A Lecture 2:00PM - 2:50PM Hochstetter Hall 114	CSE 113LR - A5 Recitation 1:00PM - 2:50PM Bell Hall 340	CSE 113LR - A Lecture 2:00PM - 2:50PM Hochstetter Hall 114		CSE 113LR - A Lecture 2:00PM - 2:50PM Hochstetter Hall 114
3:00PM					
4:00PM	CSE 199SR - B Seminar 4:00PM - 4:50PM Knox Lecture Hall 109		CSE 199SR - B Seminar 4:00PM - 4:50PM Knox Lecture Hall 109		CSE 115LR - A7 Recitation 4:00PM - 5:50PM Baldy Hall 21
5:00PM					
6:00PM					
7:00PM					
8:00PM					

Timeline for Student Adjustments

Issue	When it can occur
Homesickness	Typically occurs in the first six weeks, but can happen anytime and may or may not be connected to other issues
Time Management	Appears to be a problem between weeks 3-5, but can occur at any time
Study Skills	First noticed <u>after</u> the first test, exam or major writing assignment
Academic Expectations	Many times, the student is not aware until notified by instructor via Starfish flag
Stress Management	Typically is realized after one of the prior issues presents itself

WAYS SIUE CAN HELP!



- MetaMajors
- Academic Advising
- Career Development Center
- Success Coaches
- First Semester Transition Courses (FST) and Majors
- Learning Support Services
- ACCESS
- Counseling Services
- Kimmel Belonging and Engagement Hub

WAYS PARENTS CAN ASSIST

- Listen objectively.
- Engage with student to understand their habits and behaviors after they arrive on campus.
- Empower your student to advocate for their needs.
- Reach out directly to University personnel when you need to intercede.





Personal Commitment and Preparation for Achievement

- Be responsible
- Set goals
- Prepare
- Connect
- Personal Health and Well Being

Achieving Results: Student Preparation for Fall

Use a planner

Put summer plans and schedules in a planner.

Check email

Check email twice a day to develop good habits.

Develop sleep schedule

You will know your academic schedule. Plan the summer to develop a sleeping schedule so it is less difficult to transition.

Don't forget academics

Work on something academic so you don't get rusty.

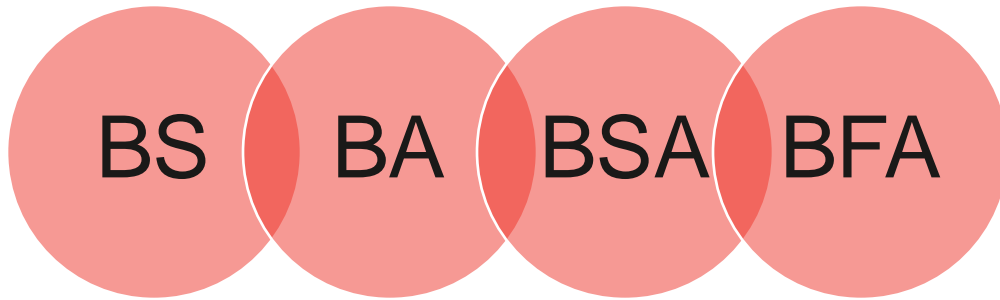
Evaluate your career goals

If you are unsure of your major or want to confirm your decision, you can use the Career Development website to explore career outcomes.

Begin the pathway to SIUE

Be ready to make new friends and develop new networks at SIUE. Identify ways to stay in touch with family and longstanding friends. Don't expect to continue status quo.

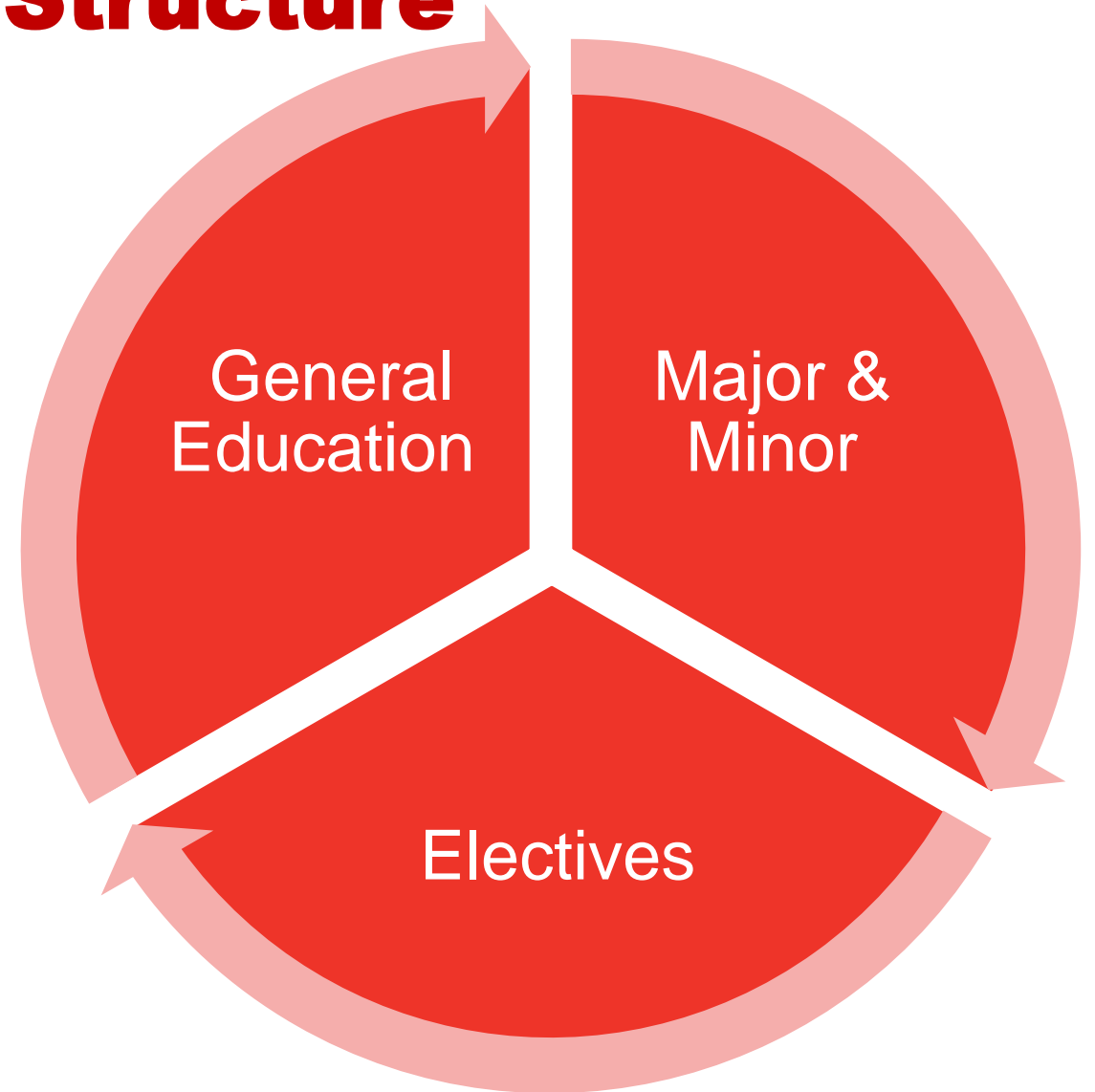
Undergraduate Degree Structure



All degrees require at least:

- 120 credit hours
- 15 credits per semester
- 8 semesters
- 4 years

Finish!





Typical First Semester

- General education course(s)
- FST 101 or other required transitions course
- Major related or required courses
- Electives or exploratory courses

Academic Advising at SIUE

- First-year academic advising structure for all students in the offices of **OFTA**, **SOAR**, **athletics** and **Honors**.
- **First-year students:** meet with your advisor at least three times per semester
- Students transition to the major departments at the end of the first year upon meeting the basic milestones.
 - 30 credit hours successfully completed
 - Good academic standing 2.00 GPA or above



Three Things to Remember

1. Succeeding in college is possible with the support of your resources.
2. Achieving results is within **your control**.
3. Academic programs and expectations are different in college.





“The beginning seems to be
more than half of the whole.”

Aristotle

Contact Information

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Knowledge Check!

Tell us what you learned!

