

**SOUTHERN ILLINOIS UNIVERSITY
EDWARDSVILLE**

Pathway to Academic Success



**An Introduction to Academic
Support and Success**

Academic Support and Success

- Succeeding in College
- Understanding Academic Degrees
- Academic Advising Expectations





Fact Check

True or False: College is a continuation of high school.

At the end of the first year of college, what is the average difference between a student's high school GPA and their college GPA?

- A. .2
- B. .5
- C. .8
- D. 1.5

How College is Different

HIGH SCHOOL SCHEDULE

		MON	TUE	WED	THU	FRI	
7:00	PERIOD 1	PHYSICS	LATE START	PHYSICS	LATE START	PHYSICS	
8:00	PERIOD 2	PRE-CALC	ENGLISH	PRE-CALC	ENGLISH	PRE-CALC	
9:00	PERIOD 3	PERFORMING ARTS	ELECTIVE	PERFORMING ARTS	ELECTIVE	PERFORMING ARTS	
10:00	PERIOD 4	PE	PHYSICS	PE	PHYSICS	PE	
11:00	PERIOD 5	ENGLISH	COLLEGE PREP	ENGLISH	COLLEGE PREP	ENGLISH	
12:00	LUNCH						
1:00	PERIOD 6	US GOV	PRE-CALC	US GOV	PRE-CALC	US GOV	
2:00	PERIOD 7	SPANISH	SPANISH	SPANISH	SPANISH	SPANISH	
3:00	AFTER SCHOOL ACTIVITIES						
4:00	AFTER SCHOOL ACTIVITIES						

COLLEGE SCHEDULE

	MON	TUE	WED	THU	FRI
7:00					
8:00		ENG 101		ENG 101	
9:00	PHY 102		PHY 102		PHY 102
10:00					
11:00	SPA 200			SPA 200	SPA 200
12:00					
1:00	BIO 101		BIO 101		BIO 101
2:00					
3:00					
4:00					

Student Adjustments

Issue	When it can occur
Homesickness	Typically occurs in the first six weeks, but can happen anytime and may or may not be connected to other issues
Time Management	Appears to be a problem between weeks 3-5, but can occur at any time
Study Skills	First noticed <u>after</u> the first test, exam or major writing assignment
Academic Expectations	Many times, the student is not aware until notified by instructor via Starfish flag
Stress Management	Typically is realized after one of the prior issues presents itself

WAYS SIUE CAN HELP!



- Academic Advising
- Career Development Center
- Success Coaches
- First Semester Transition Courses (FST)
- Learning Support Services
- ACCESS
- Counseling Services
- Kimmel Belonging and Engagement Hub

WAYS NETWORKS CAN ASSIST

- Listen objectively.
- Engage with student to understand their habits and behaviors after they arrive on campus.
- Empower your student to advocate for their needs.
- Reach out directly to University personnel when you need to intercede.





Personal Commitment and Preparation for Achievement

- Be responsible
- Set goals
- Prepare
- Connect
- Personal Health and Well Being

Achieving Results: Student Preparation

Use a planner

Put upcoming plans and schedules in a planner.

Check email

Check email twice a day to develop good habits.

Develop sleep schedule

You will know your academic schedule. Plan to develop a sleeping schedule so it is less difficult to transition.

Don't forget academics

Work on something academic so you don't get rusty.

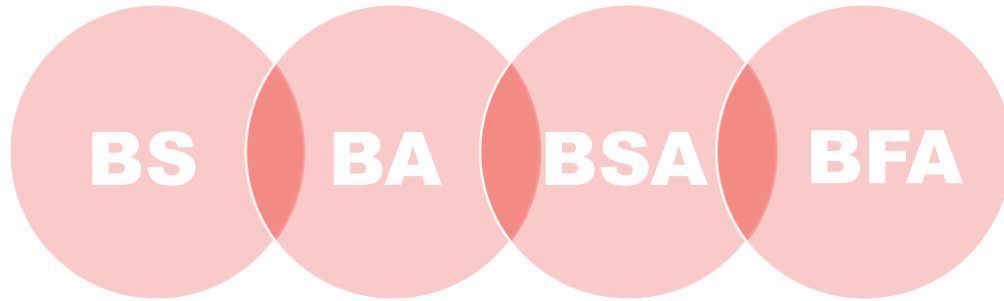
Evaluate your career goals

If you are unsure of your major or want to confirm your decision, you can use the Career Development website to explore career outcomes.

Begin the pathway to SIUE

Be ready to make new friends and develop new networks at SIUE. Identify ways to stay in touch with family and longstanding friends. Don't expect to continue status quo.

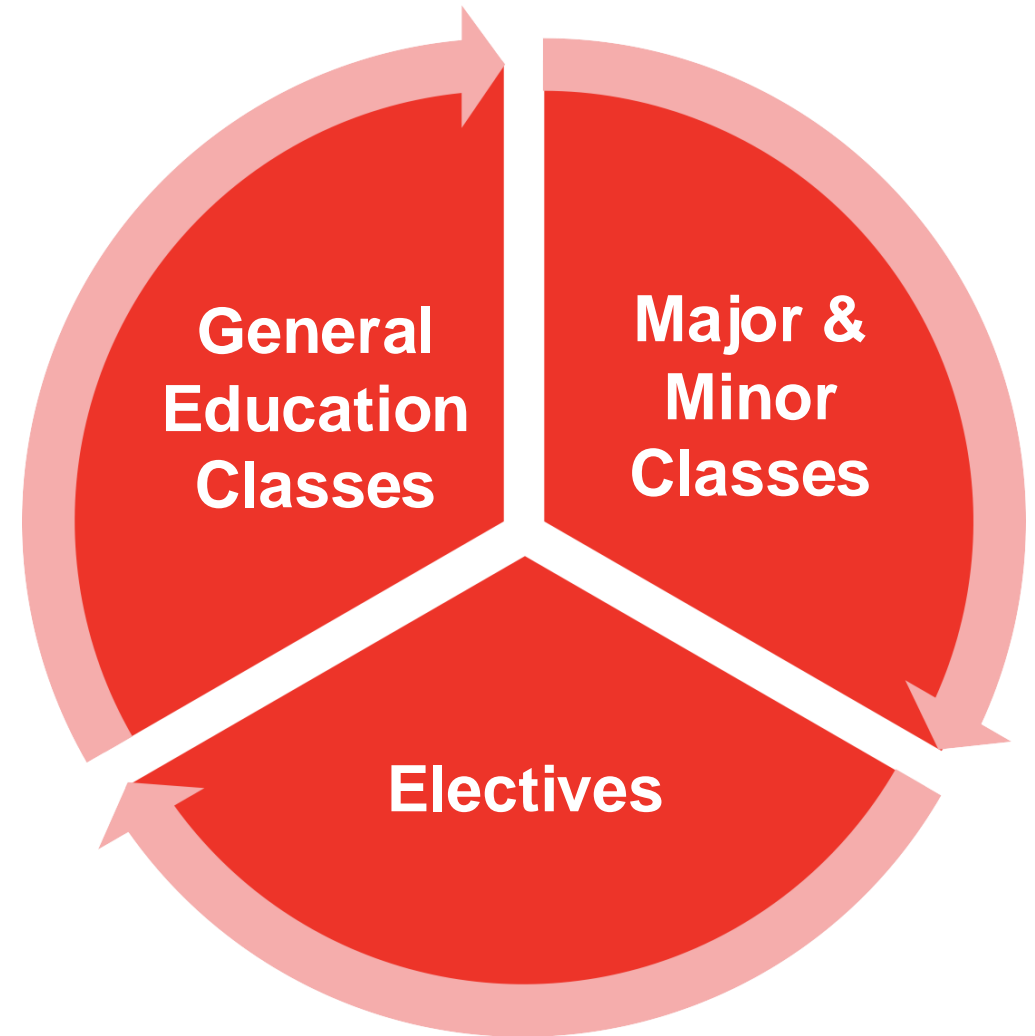
Undergraduate Degree Structure



All degrees require at least:

- 120 credit hours
- 15 credits per semester
- 8 semesters
- 4 years

Finish!





Typical First Semester

- General education course(s)
- FST 101 or other required transitions course
- Major related or required courses
- Electives or exploratory courses

Academic Advising at SIUE

- Advising is required at SIUE!
- First-year academic advising structure for all students in the offices of **OFTA**, **SOAR**, **athletics** and **Honors**.
- **First-year students:** meet with your advisor at least three times per semester
- Students transition to the major departments at the end of the first year upon meeting the basic milestones.
 - 30 credit hours successfully completed
 - Good academic standing
 - 2.00 GPA or above



Three Things to Remember

1. Succeeding in college is possible with the support of your resources.
2. Achieving results is within **your control**.
3. Academic programs and expectations are different in college.



Contact Us



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