

The Impact of Life Events on Pharmacy Students' Perceived Academic Performance
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Abstract

Pharmacy school is a stressful time for students and life changing events can add another layer of stress. The purpose of the study is to determine the impact of life events on academic performance and assess the students' perspective on their school resources. The study was broken down in two sections; a survey and interview. The study was a retrospective, cross-sectional study and a qualitative, self-reported responses involving pharmacy students at Southern Illinois University at Edwardsville School of Pharmacy. Twenty students completed the survey and four students participated in the interview. The majority of reported events in the survey had a negative effect on students and led to a decrease in the students' perception of academic success. For the interview, half of the responses students had similar answers. All students reported coping by seeking counseling services. Students encourage future students to reach out to the school of pharmacy as they find them helpful, reassuring, and understanding. Pharmacy students are commonly negatively affected, lack motivation, and have a decreased perception of success following a major life event. Students are encouraged to reach out to the school of pharmacy for support.