Creation of Patient-Friendly Penicillin Allergy Education Jesse Schryver and Hunter Rondeau

SCHOOL OF PHARMACY

CONCLUSION

detrimental to an individual's health care

healthcare and empower them to better

understand and be involved in that care

value and effectiveness of this outreach

implement PEN-FAST into clinical practice,

potentially by creating a penicillin allergy

Further work could be done to fully

management service

unnecessary allergy label may improve their

Further research may be done to assess the

Having a penicillin allergy label can be

Educating patients on the risk of

BACKGROUND

- Up to 10% of patients have penicillin allergy history, but less than 5% are truly allergic
- Penicillin allergy label is associated with adverse outcomes
 - Greater use of wider-spectrum antibiotics
 - Greater cost
 - Mortality
- De-labeling usually involves 2-step skin test followed by oral challenge if negative
 - Cost
 - Supply
 - Training
- PEN-FAST Clinical decision-making tool developed in 2020 to identify patients with low risk of penicillin reaction
 - Safety and non-inferiority compared to standard procedure demonstrated in PALACE trial (2023) and ORACLE trial (2024)

Methods

- Create an educational pamphlet emphasizing that penicillin allergies are often not permanent and that the allergy label carries several risks to one's health
- Introduce the newly developed PEN-FAST score to patients to help empower them to better understand their condition and work with health-care providers
- Utilize language accessible to all levels of health literacy to broaden the target audience to all affected patients

RESULTS

FAST Score as it been Five or more d you faint, have low od pressure, or elling in your face or istering or peeling? id you need any reatment, like inephrine, steroids, or Your score tells you how likely you are to have a

positive penicillin skin test:

1-2 points: 5% risk 4-5 points: 50% risk

3 points: 20% risk

Check your PEN-



Talk to you provider about your penicillin allergy



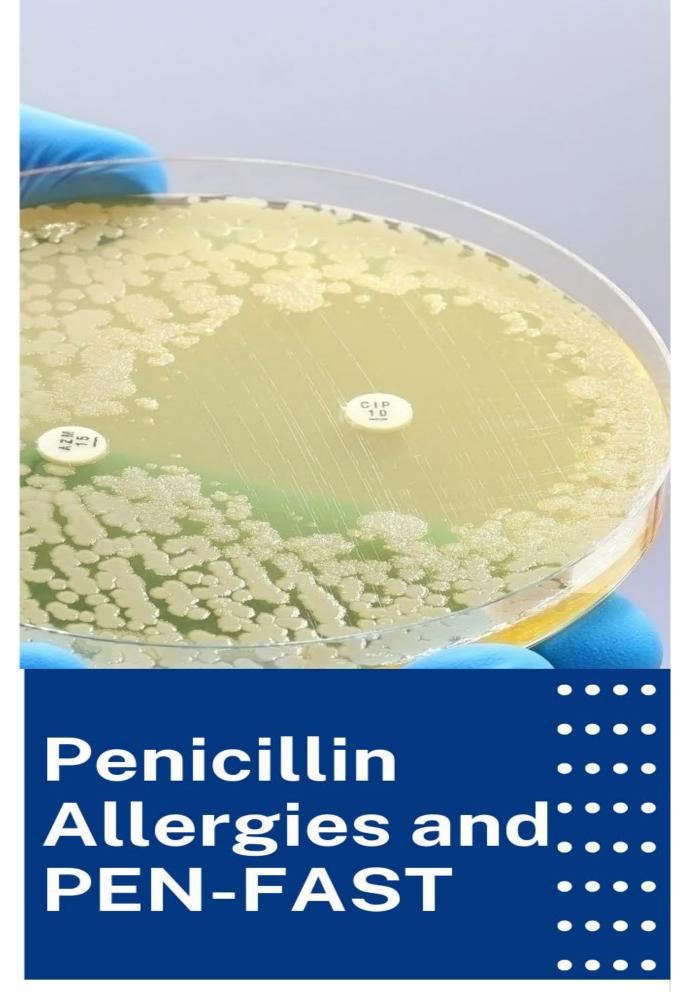
Created by Jesse Schryver, PharmD Candidate Reviewed by Hunter Rondeau. PharmD and Christi Dunmire, BS Pharm, RPh



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Allergy

Delabeling

with a false penicillin

allergy, there is testing

available to remove the

allergy, called "allergy

delabeling'

challenge, or a

penicillin

small test- dose of

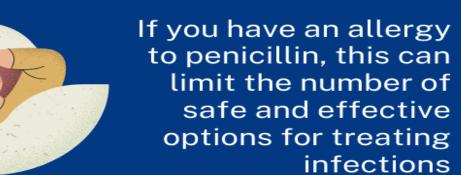
Since there are many risks

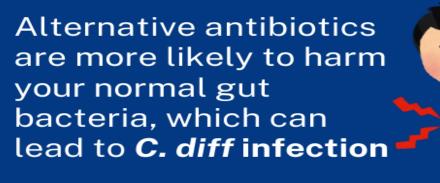
Penicillins

penicillin allergy















Using PEN-FAST can save time, money, and resources

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About

Penicillins are a type of antibiotic, a kind of medication used to fight infections

Penicillins are some of the safest and yet still effective antibiotics available

Penicillin Allergies

About 10% of patients have reported a penicillin allergy

Less than 5% of reactions are true allergies, with most being temporary sensitivities

Up to 80% of people with anaphylactic penicillin allergies lose them after 10 years

Risks of having a

Having a penicillin allergy in your medical records increases your risk of dying compared to patients without

If you have an allergy



Patients with a pencillin allergy on their record tend to pay more for healthcare than those without one