

SIUE Cougar Cupboard

Donations can be taken to the Vice Chancellor for Student Affairs Office in Rendleman Hall, Suite 2306, Monday – Friday from 8:00 AM to 4:30 PM.

Items we currently need:

- Applesauce cups
- Ramen/ Cup of noodles
- Macaroni and cheese bowls
- Fruit snacks
- Granola bars
- Peanut butter
- Peanut butter crackers
- Pasta sauce
- Canned fruit
- Small snack size peanut butter
- Small snack size cheese and crackers
- Value pack of chips (individually wrapped)
- Spices (pepper, turmeric, cinnamon, paprika, cumin, oregano, garlic powder, lemon pepper, cayenne pepper, ginger, curry, basil, etc.)
- Laundry Pods
- Toothpaste
- Toilet paper
- Body wash
- Shampoo & Conditioner
- Paper towels
- Trash bags
- Can openers
- Honey
- Oatmeal packets
- Trail mix (nuts and seeds)
- Canned mixed vegetables
- Canned Carrots
- Canned Potatoes
- Brown rice
- Quinoa
- Jasmine rice
- Canned beans
- Dry beans (lentils, kidney beans, great northern beans, garbanzo beans, etc.)
- Canned soups
- Olive Oil
- Dried fruit
- Shelf-stable milk (almond, soy, coconut, etc.)
- Canned diced tomatoes
- Marsala sauce
- Whole grain pasta
- Tomato sauce
- Canned chicken
- Canned turkey
- Oats and whole-grain cereals

Monetary donations can be made on the [SIUE Cougar Cupboard website](#).

QUESTIONS?

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